

# Give

## Volunteer

Volunteers form an indispensable part of the team at AIDS Saskatoon, helping every day by running the 601 Outreach Centre, taking on office work and fundraising. Our *Power of Many* volunteer program is a joint initiative with Sexual Health Centre Saskatoon. By collaborating in the recruitment, training and appreciation of volunteers, both agencies are able to make the best use of limited resources. Orientation is held annually in the fall.

Email [powerofmany@aidssaskatoon.ca](mailto:powerofmany@aidssaskatoon.ca) for more information.

## Donate

AIDS Saskatoon depends on the support of the community to ensure that we're meeting the needs of people who access services. We welcome donations of all types: cash, in kind, new & used items.

Drop off gently used clothing and housewares for AIDS Saskatoon's Donation Depot during business hours, 9am-5pm Monday to Friday. Men's casual clothing & boots, seasonal clothing, blankets, sheets and towels are among the most needed items. AIDS Saskatoon also heartily welcomes donations of food and personal care items, toiletries, first-aid and baby care products. See the Wish List on [aidssaskatoon.ca](http://aidssaskatoon.ca) for a posting of what items we need most right now.

Make a credit card donation online through [CanadaHelps.org](http://CanadaHelps.org). AIDS Saskatoon is a registered Canadian charity and is incorporated as a non-profit organization in the Province of Saskatchewan. Our CRA charitable number is 118779065RR0001.

### Street Address

1143 Avenue F North, Saskatoon SK S7L 1X1  
*At the corner of Avenue F and 33rd Street West.*

### Mailing Address

P.O. Box 4062, Saskatoon SK S7K 4E3

**Office Phone** (306)242-5005

**Toll Free** 1(800)667-6876 in Western Canada

**Fax** (306)665-9976

**General Email** [info@aidssaskatoon.ca](mailto:info@aidssaskatoon.ca)

### Office Hours

9:00 AM -- 5:00 PM

Monday to Friday, excluding holidays

### 601 Outreach Centre Hours

10:30 AM -- 4:00 PM

Monday to Friday

### Needle Exchange

1:00 PM -- 3:00 PM

Monday to Friday

[www.aidssaskatoon.ca](http://www.aidssaskatoon.ca)



*Hope Ignites Change*

# Learn

## Education & Prevention

AIDS Saskatoon aims to make safer sex and drug use information, resources and supplies available to people across Central and Northern Saskatchewan.

AIDS Saskatoon staff members are available for workshops and presentations on HIV/AIDS, Hepatitis C, needle safety and harm reduction. We've presented across the province for diverse audiences from grade-school students to healthcare professionals.

AIDS Saskatoon maintains a dynamic presence in the community through participation in fairs and events. In 2010, AIDS Saskatoon distributed over 11,000 condoms – all for free – as well as female condoms, dental dams, and personal lubricant.

Email [education@aidssaskatoon.ca](mailto:education@aidssaskatoon.ca) for more information.

## Partnerships

AIDS Saskatoon gets by with a little help from our friends! We're proud of the numerous successful partnerships we've formed with friendly community-based and governmental organizations, educational institutions and businesses around the province.



You can follow AIDS Saskatoon on Twitter or Facebook.

[www.aidssaskatoon.ca](http://www.aidssaskatoon.ca)

# Reach Out

## 601 Outreach Centre

*The 601 Outreach Centre is the heart of AIDS Saskatoon. It's the first point of contact for most people who access our services. The 601 is lively, welcoming and homey. The coffee is always on!*

**Everyone is welcome at the 601 – no judgement and no questions asked.**

The 601 aims to meet people's basic needs with services like nutrition programming, laundry, internet, phone and message board, access to photocopier and fax, and donations depot. Help is available for resume-building and job searches.

With the help of our donors, a healthy breakfast is served three days a week. Brunch happens at noon on the 1st Wednesday of each month; Soul Food lunches are at noon on 2nd and 4th Thursdays. We're not a soup kitchen or a food bank, but recognize food as a basic necessity and an important opportunity to socialize, engage, educate and of course, reduce harm.

There's always something happening at the 601, including movies, crafts, games and educational talks. In the summer, we grow vegetables in our community garden and host an annual bar-b-que. We also run two support groups, Positive Support (for individuals affected by HIV) and the Harm Reduction Recovery group.

## Needle Exchange

AIDS Saskatoon's Needle Exchange program operates in partnership with the Saskatoon Health Region. Needles are distributed on a one-for-one basis; we can provide new and sterile syringes, alcohol swabs, filters, spoons and two sizes of biohazard containers to safely dispose of used needles. Information is available on safer injection techniques, needle safety, and blood-borne pathogens.

## Harm Reduction

As a harm reduction agency, AIDS Saskatoon recognizes that chaos is a part of our world and chooses to work to minimize its harmful effects rather than simply ignore or condemn them. We establish quality of individual and community life and well being – not necessarily minimizing or eliminating chaos – as the criteria for successful programs, approaches and policies. We believe in the non-judgmental, non-coercive provision of services.

AIDS Saskatoon seeks to empower individuals and communities to share information and support each other. We recognize the realities of poverty, trauma, racism and discrimination that affect people's vulnerability to and capacity for effectively dealing with the chaos of human life.

## Support Services

Sometimes people just need someone to talk to – whether they've been living with HIV for years or are newly diagnosed. We can help individuals navigate medical, social, housing and employment bureaucracy, and can advocate on their behalf.

Although AIDS Saskatoon does not offer ongoing therapy, we can refer you to someone who does: we keep referral lists of HIV-friendly professionals. Health and social service workers visit the 601 and connect people with services directly, in a place where everyone feels comfortable. Our Support Services Coordinator makes regular visits to homes and hospitals.

The Emergency Assistance Fund (EAF) is available to HIV+ individuals facing emergency one-time expenses. The EAF is funded solely through donations to AIDS Saskatoon's annual Red Ribbon Campaign.

Every December, AIDS Saskatoon makes the holidays a little brighter by providing Christmas hampers – full of supplies for a holiday feast – to people who access services. In 2010, 84 hampers were distributed with the help of generous donors and friends.