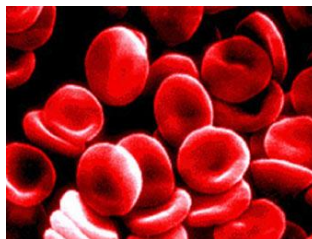


Who's at risk?

- Those who had blood transfusions or had blood products before 1990.
- If you ever shared any type of drug equipment (e.g. straw for sniffing cocaine, filters, spoons, water, or syringes, ties).
- If you had a tattoo or body piercing.
- Had a needle stick accident.
- If you shared, nail clippers, scissors, and razors, direct contact with blood splatter with an open wound.
- Mother to baby transmission
- Unprotected sex

Hep C cannot be spread:

- Hugging, kissing or shaking hands.
- Through sneezes, coughs, tears or spit.



In one blood cell there could be hundreds of Hep C viral particles. In a human body there are millions of blood cells.

GET TESTED TODAY!!

For more information:

Visit

www.aidssaskatoon.ca

www.liver.ca

www.hepcinfo.ca

Positive Living Program

Hep C Nurse: 655-1840

AIDS SASKATOON

1143 AVE F N

SASKATOON, SK. S7L 1X1

PHONE: 306-242-5005

TOLL FREE: 1-800-667-6876

FAX: 306-665-9976

AIDS.SASKATOON.HEPC@GMAIL.COM

Get the Message



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What is Hepatitis C?

Hepatitis C is a virus that causes inflammation of the liver.

This particular virus attacks the liver. How fast it progresses is up to the person that has it.

Hepatitis C is transmitted by blood on blood contact with an infected person, that has it or fluids that have blood in them.

There is no cure, but there are treatment options that can stop the progression of liver damage.

If you have Hep C, it is in your best interest to get vaccinated for Hep A & B. Why?

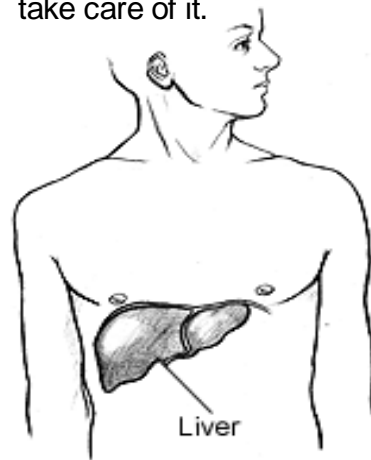
If you have Hep C with Hep A or B at the same time then you are at risk for more sudden onset of liver damage.

Vaccination for Hep A and B is covered by Saskatchewan health if you have Hep C.

There six different strains of Hepatitis C; that is why there is no vaccine or medications readily available.

What is your liver?

- The liver is the largest organ in the body; it is dark red, wedged-shaped, 3-4 pounds, and located behind the right-hand side of your rib cage.
- You cannot live without your liver. It depends on you to take care of it.



- It works 24 hours a day removing toxins and poisons from the air you breathe and the food and drugs that enter your body. (including alcohol)
- The liver converts food you eat into: Energy, muscles, hormones, immune factors, and clotting factors.

Progression of liver damage

Hepatitis C attacks the Liver Cells and causes inflammation.

